

Big Question Challenge

7 Miracles in 7 Days



What would you like to **change** or **create** more of? List 4+ items, stated in the positive...

Launch one item from today's list



- ask the Universe a question with your item in it (say out-loud)
- pause (4-6 seconds) and sense your body for a shift of energy (response)
- clear what comes up by saying:

"Everything this brings up, times a godzillion,
I now destroy & uncreate it all,
Right & Wrong, Good & Bad, POD, POC, All 9, Shorts, Boys & Beyonds"™ Access Consciousness Clearing Statement

- repeat with other questions...

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

What potential _____ is now available?

sense your body, clear: "Everything this brings up..."

What's right about _____ that I am not getting?

sense your body, clear: "Everything this brings up..."

What breakthrough _____ is now possible?

sense your body, clear: "Everything this brings up..."

What graceful resolution _____ is now possible?

sense your body, clear: "Everything this brings up..."

What big questions can I ask to _____ ?

sense your body, clear: "Everything this brings up..."

What miracle with _____ is now possible?

sense your body, clear: "Everything this brings up..."

What would it be like to have/be _____ ?

sense your body, clear: "Everything this brings up..."

After asking questions,
end with choosing:

I choose _____ Universe, bring me _____

I am choosing _____ Universe, show me _____

I have chosen _____ Universe, show me _____

clear: "Everything this brings up..."



Repeat step #2 with another item...



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INSTRUCTIONS



What would you like to **change** or **create** more of?

You'll create a list of 4 or more items, stated in the positive...

examples:

- more ease with my body
- better connection with body
- life be simpler
- more fun and play in my life

How to state items in the positive...

❌ not struggle so much with my body

✅ more ease with my body

Each word has energy, use words with the energy you want MORE of words that feel good! (Avoid telling what you don't want.)



You'll pick one item from today's list

let's use this for our example item:

- life be simpler

For more Life Mastery tools go to: Jaden-Fox.com
Jaden Fox is a designer and gifted Facilitator with: AccessConsciousness.com
Access Consciousness® materials & processes are copyrighted by Gary Douglas.



- **ask the Universe a question with your item in it** (say it out-loud)
- This begins to engage the Universe in an active co-creation with you...
- **pause (4-6 seconds) and sense your body for a shift of energy**
- Here you are receiving the information in a non-mental energy language.
- Don't seek to understand it, that will come with time, just sense the energy move.
- **clear what comes up by saying** (out-loud)
"Everything this brings up, times a godzillion, I now destroy & uncreate it all, **Right & Wrong, Good & Bad, POD, POC, All 9, Shorts, Boys & Beyonds**"™
- This is the ACCESS CONSCIOUSNESS clearing statement developed by Gary Douglas. It clears old energies that are blocking your new direction.
To learn more about how it works: www.theClearingStatement.com
- **repeat for all the questions**
As an example, you might say:

"What potential for life being simpler is now available?"

- pause (4-6 sec.) sense body, then clear: "Everything this brings up, times a godzillion..."

"What's right about life being simpler that I am not getting?"

- pause (4-6 sec.) sense body, then clear: "Everything this brings up, times a godzillion..."

"What breakthrough for life being simpler is now possible?"

- pause (4-6 sec.) sense body, then clear: "Everything this brings up, times a godzillion..."

"What graceful resolution to life being simpler is now possible?"

- pause (4-6 sec.) sense body, then clear: "Everything this brings up, times a godzillion..."

Next, notify the universe, you are choosing something different. Say:

"I choose life being simpler. Universe, bring me life being simpler."

"I am choosing life being simpler. Universe, bring me life being simpler."

"I have chosen life being simpler. Universe, bring me life being simpler."

- then clear: "Everything this brings up, times a godzillion..."



Repeat step #2 with the other 3 items from your day's list

Do this every day, for at least 7 days

(a good time is just when you get up, or before bed)

The more days you do it, the more potent it gets...

