



What energy, space & consciousness can I be to embody the space, grace and ease of my personal gifts & magic?



WHAT BREAKTHROUGHS WITH EMBODYING MY GIFTS & MAGIC ARE NOW POSSIBLE?



what if **anger** is really **POTENCY?**

- OWN IT AS POTENCY you are stepping into!
- Use the energy to blast through any obstacles
- Anger comes up when... **you lie to you** or **someone else lies to you**



I connect to the future version of me who already has complete mastery of my gifts...

What is the most direct path to activating and embodying my gifts and abilities with ease & delight?



what if **fear** is really **EXCITEMENT?**

**False
Evidence
Appearing
Real**

What if fear is always covering up a potency of you?

Ask: "What potency is showing up that I'm not willing to acknowledge?"

**Feeling
Excited
And
Ready!**



**Calming
the Mind...**

**" Everything is the opposite of what it appears to be.
Nothing is the opposite of what it appears to be. "**

repeat 5-7 times while slowing down more each time