



NOTE: Don't read the next page yet, do just this page first!

Step 1 - Make a list: *(allow yourself to be self judgmental here)*

What do or did I believe was wrong with me growing up?

What are (or have been) my biggest life challenges?



TOOL 4 – Life Challenges

This is a powerful and amazing tool for showing you the truth of you.
This step is best done when you are in a better mood, feeling lighter.

Step 2 – Expand & Quiet Mind

A. Expand to the size of the:

planet/solar system/Galaxy/Universe/Multi-verse/All-that-Is/Beyond-a-verse

B. "Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be."

repeat 2-3 times getting slower each time

Your biggest life challenges are pointers to your biggest gifts

When you see the wrongness of you, you are mis-perceiving the truth. What you perceive as your biggest problems are often gifts misused or misinterpreted. Embodying your gifts and potencies opens the flow, problems simply start to resolve themselves, as if by magic (the magic of YOU).

C. Go back to each item on the first page

One at a time, read the first thing you wrote, then clear:

**"All the stupidity & Energy Fog you have around this, across all
time/space/dimensions/realities & beyond... will you destroy and uncreate it all?"**

Good & Bad, Pod & poc, all 9's, shorts, boys & beyonds.

Then:

"All the stories, DJCC's & PERS you have about this... will you destroy & uncreate them all?"

Good & Bad, Pod & poc, all 9's, shorts, boys & beyonds.

DJCC= Decisions, Judgments, Conclusions, Computations PERS= Projections, Expectations, Rejections, Expectations

then look back at that same item and see which are light:

Is this backwards? Picking up from others? a rightness misperceived?

(flip into rightness)

Return to send, look at it...

ask: What's right about this I'm not getting?

-If backwards, just flip the statement to the rightness

-If picking up from others, return to sender, pod/poc... then see how you might have done that

-if rightness, ask "What's right about this I'm not getting" (then either explore more, or move on wait for info to integrate)



Example list: *(this was actually MY list of things)*

What do or did I believe was wrong with me growing up?

I looked at my list to see which questions were light for each item:

Is this backwards?

(flip into rightness- own it if light)

Am I picking it up from others?

Return to send, look at it...

is it a rightness misperceived?

ask: What's right about this I'm not getting?

WRONGNESS

STRONGNESS

I'm stupid (flip) I'm brilliant (picking up) -yes (rightness) -no

I'm slow (flip) I'm fast- I process faster then others (picking up) -no (rightness) Y-I slowed down to fit in & sync up

I can't think correctly (flip)-no (picking up) -no (rightness) Y-I have a different way of processing (better!)

I can't communicate (flip)-YES! I'm great communicator (picking up) -kinda (rightness) -no

There's something wrong with me (not normal) (flip)-no (picking up) -YES, not mine (rightness) -no

I can't do simple things that others can do (flip)-no (picking up) -no (rightness) operate w/ high degree complexity

I make everything so complicated (flip)-no (picking up) -Parents POV (rightness) Y-I see more depth/complexity

Head is "in the clouds"- naive, not here now (flip)-I see future (picking up) -dad's POV (rightness) Y-Leaders have this

I can't learn things like other's do (flip)-I can learn (picking up) -YES (rightness) Y- can learn in very different ways

Everything I seem to do is wrong (flip)-Y Everything is right (picking up) -Yes (rightness) -no

What are (or have been) my biggest life challenges?

I don't fit in (flip)-Y-camealian when choose (picking up) -Yes (rightness) Y- I am not like others (thank god!)

I'm not good socially (flip)-no (picking up) -YES (rightness) Y-I'm extremely empathic-I am socially potent

I'm not like others (flip)-no (picking up) -yes (rightness) Y-I'm naturally more conscious and aware

I don't fit in (flip)-Y-I can fit in startlingly well (picking up) -no (rightness) Y-I'm here to deliver some thing new

I'm sexually confused (flip)-no (picking up) -no (rightness) Y- I'm not limited by classical definitions gay/straight

My sexuality is a wrongness (flip)-Y- Future of sexuality (picking up) -Yes (rightness) Y- integrated masculine/femn

Vision doesn't work normally (flip)-no (picking up) -no (rightness) Y- Special capacities- can see many perspectives

Diminished smell (flip)-n (picking up) -no (rightness) Y- superpower capacity-not understood (enhanced Synesthesia)

not knowing my truth (flip)-Y-Have known truth unerringly (picking up) -YES!!! (rightness) Y- discover myself