

Get back to You

Who's universe am I in?
Who am I being?
me? someone else? something else?

Clear?

Release some energy/viewpoint

example:

What am I holding on to
that allows this to exist? pod/poc

Expand

Planet, Solar System,
Galaxy, Universe,
All-that-Is

Question?

Gain more awareness

examples:

- o What awareness can I now receive about _____?
- o 4 Questions



Choose?

Decide/Invoke

example:

"What ESC can I now be
to make this energy a contribution
to my body & being?"

example:

Is there a contribution seeking to received?
Is something requiring a contribution?

Entity

Clearing?
Receive-
contribution?

Contribution?

receive or give some energy

Walk-in

Clearing?
Contribution?

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This is an intuitive tool for using *Access Consciousness*® tools.
It answers the question, "What do I do now?"

Look at the chart and ask: **Clear?** or **Contribution?**
(see which is light, and do that)



If neither is light, ask: **Question?** or **Choose?**
(see which is light, and do that, etc.)



If neither is light, look at the 4 corners.



or just let your body show you...
see what you look at first and then do that item.

Created by: Jaden Fox for Access Consciousness®
more tools at: www.jaden-fox.com

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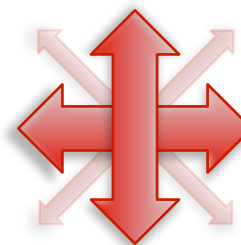
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