

"Everything is the opposite of what it appears to be,
Nothing is the opposite of what it appears to be."

-repeat until mind stops

"If I wasn't thinking,
what awareness
would I be having?"

-ask until you sense a shift

"What else is
possible here?"

-until you sense a shift

4 Questions...

What is this? *sense energy shift*

What do I do with it? *sense energy*

Can I change it? *sense energy*

If so, how do I change it?

sense energy

-NOT seeking mental answers

-sense for energy shift after each question

Expansion

Sense the edges of your energy field

- Expand size of the planet -pod/poc
- Expand size Solar system -pod/poc
- Expand size of Galaxy -pod/poc
- Expand size of Universe -pod/poc
- Expand size of All-that-is -pod/poc

ASK: How many oaths, vows,
swearings, fealties, comealties, and
commitments do you have to or with
this person throughout all time,
space, dimensions, and realities?

I now revoke, recant, rescind, reclaim,
renounce, denounce, destroy & uncreate
them all... pod/poc

YES

Obsessing
over
someone?

Do I
have
other
entities?

YES

Is
this a
demon?

YES

"Go back to from whence
you came, never to return to
me or this reality again."

-pod/poc -repeat until it lightens

Am I in
my body?

NO

"What would it take
for me to fully
occupy my body?"

Head
ache

Body,
sugar, salt or
water?

YES

Get some!

NO

Do I need my bars run?

Body,
do you require
something
else?

Movement?
Nature?
Sex?
Bath?
Food?
_____?



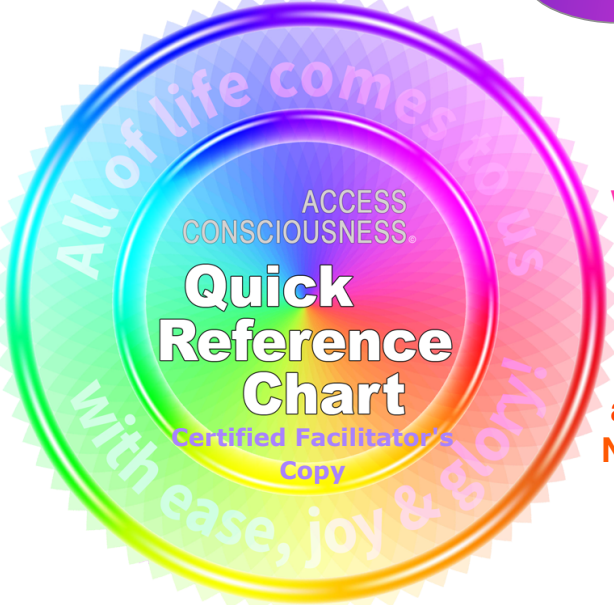
ACCESS
CONSCIOUSNESS
by: Gary Douglas

get your own pdf master
of this, that you can give
to your students

Your name & contact info
goes here!

at: www.jaden-fox.com/facilator

design: Jaden Fox
version: 1.6 2014



What
can I
change to
reconnect
to my
awareness
NOW?

Am I
doing
what I
enjoy?

NO

Go do
something FUN!
NOW!!!

"If I wasn't
feeling this, what
awareness would
I be having?"

Consult
the back side

Contribution?

"What contribution can I
now be to my body?"
-expand big as universe
-provide everything body
desires/requires 1-2-3

Who
does this
belong
to?

Yes, 1st
time

ME?

Yes,
2nd time

All the DJCC's I have about
this, I now destroy &
uncreate them all... pod/poc

What awareness am I not
acknowledging here?

Someone
Else?

Yes

Return this to senders with
consciousness... pod/poc

Something
Else?

Yes

Gift to Earth... pod/poc